Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Caerts Joke HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 7: 200M FREESTYLE WOMEN 13+ Heat:7, starttime: 16:05

Heat: 7/7 Lane : 5 Athlete: KERCKHOFS NIENKE **Q-time: 02:20:25**

PB (25m pool): 02:20.25 Leuven 04/10/2026 **PB (50m pool):** 02:24.14 **SB:** 02:20.25 Leuven 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.42		01:08.42		01:45.03		02:20.25
		00:32.42		*00:36.00*		*00:36.61*		*00:35.22*
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Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 13+ Heat:3, starttime: 16:20

Heat: 3/4 Lane : 2 Athlete: KERCKHOFS WOUKE **Q-time: 00:41:07**

PB (25m pool): 00:39.96 LEUVEN 15/11/2026 **PB (50m pool):** 00:42.16 **SB:** 00:39.96 LEUVEN 15/11/2026

	25 M	50 M	
PB		00:39.96	
		00:39.96	
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Coach feedback: